

**Aspen Psychology Services** 

Box 39
14-15 Triangle South
Clifton
Bristol
BS8 1EY

Director: Mark Adams CPsychol MISCP (Accred) Educational & Coaching Psychologist HCPC Registered Practitioner Psychologist

T: 07930 432807
E: mark@aspenpsychologyservices.co.uk
W: www.aspenpsychologyservices.co.uk

## **EVALUATION SUMMARY**

**Setting:** Aspen Psychology (Online training, paid for per-delegate).

**Theme:** Coaching for Change **Date:** May 19<sup>th</sup> 2023.

No. of participants: 13

Evaluations returned: 10 (2 people needed to leave early and will complete the form in due

Course; one to chase).

## Numbers and percentages of participants who indicated that:

1. The work was helpful.

	Very much agree	Agree	Neither agree nor disagree	Disagree	Very much disagree
Number	10				
%	100%				

2. After the work, I was clear about my next steps / the next steps.

	Very much agree	Agree	Neither agree nor disagree	Disagree	Very much disagree
Number	9	1			
%	90%	10%			

## Comments:

- Great balance of teaching/theory and professional dialogue. All of it was highly relevant to my day-to-day work as an Educational Psychologist and also to my life as a parent, partner and friend. I have been reminded of old knowledge I had forgotten, learned new things and most importantly have built the confidence to go and try some of it in practice. Thank you for another extremely worthwhile day. I don't know how you do it but you manage to fit 3 days content into one day's training that actually feels more like a morning's training in terms of effort and attention. Brilliant!
- · Very helpful day. Thanks Mark.
- I thoroughly enjoyed the session. The interactive nature was excellent. I liked the opportunities to speak to different people. The delivery was clear, positive and reflective. There is so much to take away and think about. Thank you so much!
- Well delivered as always, thank you Mark. Lots to take forward in the short and long term. Great to have such high-quality training without the travel.

- Brilliant day and helpful to reflect on thread between the 3 days around the key principles. Helped consolidate in my mind the key takeaways for effective coaching. Thank you - great course!
- It is very good and practical. The material is very useful for my future work with my clients.
- Another really great day. Thank you!
- A valuable course, lots to take forward and consider. Many thanks and sorry about my internet. Very frustrating.
- Thank you for today, Mark. I enjoyed the session and opportunity to think about collaboration in coaching.