

Enhancing Performance, Development and Wellbeing in Schools with Coaching & Coaching Psychology.

1, 2 or 3 days of training in coaching & coaching psychology skills & principles (for psychologists, coaches, mentors, consultants, leaders, managers, and education practitioners).



Applied in educational contexts, the practice of coaching psychology can have a positive impact by supporting young people and adults to achieve enhanced standards of functioning and wellbeing.

However, coaching psychology is not just for psychologists – the principles and techniques can be readily learned and applied by education practitioners themselves.



APS is now offering teams and organisations the opportunity to:



Commission 1, 2 or 3 days of training in coaching & coaching psychology for your team.



Enhance your practice with essential coaching & coaching psychology skills and principles.



Spread the training over the year so people have opportunities to practice & do homework between the days, thereby enhancing the quality of learning.



Market the training to schools and other practitioners in your area to share ideas and contribute to costs.

Sample programme outline

Day 1: Essential Coaching Foundations

Day 2: Solution-Focused Coaching
Coaching with Motivational Interviewing
Non-Judgemental Lesson Observation
(includes a video of a real-life coaching session)

Day 3: Cognitive-Behavioural Coaching
Differentiating your Approach
Applications

Course content can be tailored to suit the needs of your particular group.



“Good pace, excellent input & questioning from you to help us reflect, good balance between listening, doing, reading, reflecting. Thanks!”

Educational Psychologist



“This was one of the best CPD events I have ever attended. The chance to observe a coaching approach applied to a lesson observation was extremely valuable.”

Teacher & Learning Coach

Mark Adams is an Educational & Coaching Psychologist who is passionate about how psychology can be applied to make a positive difference to lives and society.

He is the author of Coaching Psychology in Schools, published by Routledge in November 2015.

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