



Psychology for Positive Change

PATHWAY TO ACCREDITATION (MISCP Accred) WITH THE INTERNATIONAL SOCIETY FOR COACHING PSYCHOLOGY



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PATHWAY TO ACCREDITATION WITH THE ISCP

END GOAL

- For you to have accessed sufficient suitable training and supervision to support you in engaging in coaching psychology practice with confidence and proficiency.
- For you to have achieved accreditation/certification of your practice as a coaching psychologist with the International Society for Coaching Psychology, and for you to be able to indicate this to your clients.
- For you to be able to use the post-nominal letters MISCP (Accred) as an indication of your accreditation.
- For you to be able to use applicable ISCP logos to indicate your credentials on e.g. your website, other materials.
- For your Accredited ISCP status to reassure your clients that you maintain appropriate annual CPD and obtain regular supervision for your coaching psychology practice.

NB: Please note that Aspen Psychology Services Ltd. cannot guarantee that practitioners following the process outlined in this document will achieve Accredited Status with the ISCP, as the final decision will rest with the ISCP on the basis of the application and evidence submitted. This document is intended to provide interested parties with guidance about the process, its requirements and its benefits, and CPD opportunities that Aspen Psychology Services can provide that will support practitioners on this journey. Ultimate responsibility for the success or otherwise of applications rests with individual practitioners and the ISCP.

ABOUT THE ISCP

The International Society for Coaching Psychology is an international professional membership organization which aims, for example:

- To promote and develop the science, profession and discipline of coaching psychology.
- To aid the advancement of the theory, practice, and science of coaching psychology.
- To publicise and comment on courses for continuing professional education with the objective of raising standards of those practising coaching psychology.
- To bring together those persons engaged in the practice of coaching psychology for the interchange of views, experiences and for mutual consultation.
- To recognise and/or accredit coaching psychology courses and centres of coaching psychology expertise.
- To maintain national and international Registers of Accredited or Certified Coaching Psychologists.
- To maintain national and international Registers of Accredited or Certified Coaching Psychologist Supervisors, Trainers and Consultants.
- To initiate and promote the maintenance of accountability for all the activities in the field of coaching psychology in agreement with legal, ethical and professional standards related to the field of coaching psychology

(Extract from <https://www.isfcp.info/society-objectives/>).

The ISCP was originally founded as the Society for Coaching Psychology in 2006, becoming the International Society for Coaching Psychology in 2011. It was founded by Professor Stephen Palmer, a pioneer in the field of coaching psychology. Stephen remains the Honorary President of the ISCP.

Some benefits of becoming a member of the ISCP

<https://www.isfcp.info/membership-grades/membership-benefits/>

- An issue of the society's on-line publication *Coaching Psychology International* per annum, and access to back issues.
- Provides a pathway towards ISCP accreditation/certification as a coaching psychologist.

- Guidance from a Code of Ethics and Practice.
- Dependent upon current membership status, entitlement to make use of classes of ISCP membership logos (e.g. MISCP (Accred), AFISCP Associate Fellow, Accredited Supervisor, ISCP Approved Centre for CPD/E).
- Guidance on courses/workshops and training centres approved by the society as offering CPD/CPE to ISCP members.
- ISCP members on-line discussion forums.
- All members have the opportunity to be part of an international community of coaching psychologists.
- Pathway towards ISCP accreditation/certification as a coaching psychology supervisor.

Further information

You can find out more about the ISCP at:

<https://www.isfcp.info/>

More information about the Accreditation route can be found at:

<https://www.isfcp.info/accreditation/>

Other responses to **Frequently Asked Questions** about the ISCP can be found at:

<https://www.isfcp.info/faqs>

HOW TO BECOME AN ACCREDITED MEMBER OF THE ISCP

The next stage of development is to become an Accredited Member of the ISCP. Becoming an Accredited Member of the ISCP entitles the member to use the post-nominal letters MISCP (Accred) as an indication of their specialist experience in applied coaching psychology. It also allows the psychologist to describe themselves as an ISCP Accredited Coaching Psychologist.

If you are already a Chartered Coaching Psychologist with the British Psychological Society's Division of Coaching Psychology (DoCP)

"In 2022, the ISCP launched a process where applicants who have already been awarded Chartered Coaching Psychologist status by the British Psychological Society Division of Coaching Psychology automatically fulfil the mandatory requirements of the ISCP accreditation/certification system for coaching psychologists."

Such applicants should complete the shortened application form found at <https://www.isfcp.info/accreditation/>

If you are not already a Chartered Coaching Psychologist within the DoCP, then to achieve accreditation you will need to work through the following process:

STEP ONE: APPLY TO BECOME A FULL MEMBER OF THE ISCP

Pre-requisite qualifications/registrations

"Members shall be persons who hold a recognised degree in psychology and are qualified psychologists or hold an equivalent professional status with a recognised National Register for psychologists in their state or country. A Member shall be entitled to use the post-nominal letters MISCP." (ISCP, 2024).

In the UK, to apply to become a member of the ISCP, you need: (i) a recognised degree in psychology; and (ii) to be a registered Practitioner Psychologist with the Health & Care Professionals Council.

You will then need to complete the ISCP's *Membership Application Form* (see <https://www.isfcp.info/membership-grades/membership-application-form/>). There are some sections of that form that merit further explanation:

Evidence of Qualifications (p. 2)

When applying for Full Membership of the ISCP, it is sufficient to include your HCPC registration number (as this provides proof that you have secured the necessary qualifications).

Coaching Psychology Experience (p. 3)

The following table is taken from the most recent version of the membership application form for someone who is applying for MISCP status:

*"List all **relevant** experience starting with your current post (e.g. providing coaching psychology services, researching coaching psychology practice/theory, training others in coaching psychology/coaching, supervising others, receiving supervision, relevant publications)."*

JOB TITLE (also state whether paid or voluntary) and/or Nature of Work (eg assistant psychologist)	DATES (month and year) From To	EMPLOYER (also state whether organisation, Independent) and/or AREA (e.g. Business/executive or personal coaching)

You do *not* need to have been consistently engaging in applied coaching psychology practice to become a member of the ISCP. However, you must be able to demonstrate that you have actively developed *some* experience of coaching psychology, and/or evidence of having pursued an interest in coaching psychology. This could include, for example: receiving training in coaching as part of your initial Educational Psychology training; attending relevant coaching psychology CPD; participating in a peer interest group; engaging in reading about coaching psychology; writing about coaching psychology; and/or providing coaching psychology sessions.

You will then need to send the completed application form to office@isfcp.info

The fee for initial registration as Full Member is **£10**, with an annual renewal fee of **£30** thereafter.

If your application is successful, you will be entitled to use the post-nominal letters MISCP.

Thereafter, your journey towards Accreditation continues.

STEP TWO: ENGAGE IN, AND GATHER EVIDENCE OF, TWO YEARS OF EXPERIENCE AND CPD

Accredited Members

"Accredited Members or Certified Members shall be persons who hold a recognised degree in psychology and a coaching psychology qualification and/or by virtue of their recognised degree in psychology, experience and continuing professional development, satisfy the Council that they possess an understanding of the principles of coaching psychology and are competent to undertake its practice. An Accredited Member or Certified Member shall be entitled to use the post-nominal letters MISCP Accred and to describe themselves as an Accredited or Certified Coaching Psychologist or such other designation as the Council may from time to time approve."

Requirements to become an Accredited Member

Specifically, to become an Accredited Member of the ISCP, you need to:

- Have provided evidence of qualified psychologist status (again, your HCPC number is sufficient).
- Have been a member of the ISCP for at least three months.
- Demonstrate evidence of two years' practice as a coaching psychologist post-qualification (i.e. post-qualification as an Educational Psychologist). (NB: The society does not state fixed or minimum requirements of the number of hours accumulated in this respect).
- Provide evidence of supervision from a qualified psychologist (e.g. a Chartered Psychologist or Accredited ISCP Supervisor).
- Provide evidence of Professional Indemnity Insurance with a minimum limit of indemnity of £1 million (GBP).
- Provide evidence of activities undertaken to demonstrate annual continued professional development (CPD) or education (CPE) covering the last two-year period with a minimum of 40 hours each year (discussed further, below).
- Provide a reflective summary of your experiences as a supervisee (to cover the assessment period set out in the application).
- Provide an illustrative example from your coaching psychology practice.

When assessing applications, the ISCP will look for evidence of applicants having sufficient regard to: (i) ethics; (ii) practice; (iii) theory & scientific knowledge; (iv) research.

(The separate document *MISCPAccred Application* – see <https://www.isfcp.info/accreditation/> - will give you an idea of what you are working towards in terms of the form you will need to complete).

Therefore, you need to accumulate the above over a two-year period.

Once you have completed this two-year period, the fee to apply for Accredited Member status is **£150**, plus a **£30** annual renewal fee.

This document will now outline the CPD activities that need to be undertaken over the two years.

CPD REQUIREMENTS

Applicants must be able to demonstrate that they have accrued **40 hours** of CPD per year over the two-year period. Each year, 30 hours must be specifically related to coaching psychology; the remaining 10 hours must be general psychology CPD.

The following table sets out the maximum number of hours of each type of activity that can be used to contribute to the 40-hour total:

Table 1. ISCP CPD requirements per annum

Example of Activity	Total Maximum Contribution to 40 hours of CPD per annum
1. Psychology related CPD/CPE	10 hours
2. Reading coaching psychology books/journals.	15 hours
3. Publishing articles in peer reviewed journals, chapters and/or books. Undertaking coaching psychology research.	15 hours

4. Attendance at coaching psychology or relevant workshops, seminars and conferences.	No maximum
5. Developing and delivering coaching psychology related workshops; giving conference papers or keynotes.	15 hours
6. Related developmental activities such as peer observation, chairing meetings or participation in professional coaching psychology activities.	5 hours

(Ref: ISCP Accreditation/Certification Process, 2020):

Please see the Appendix for further guidance on how CPD should be recorded.

HOW CAN ASPEN PSYCHOLOGY SERVICES HELP?

Aspen Psychology Services is recognized by the ISCP as an Approved Centre for the provision of coaching & coaching psychology CPD. Aspen Psychology Services provides/can provide:

Training

- A series of one-day training courses that will equip psychologists to undertake coaching psychology practice. This addresses Strand 4 of the requirements outlined in Table 1. Each of these workshops provides the psychologist with **10 hours** of CPD (7 hours training plus 3 hours prior preparation). At the time of writing, the following workshops will be scheduled over the next two years:
 - *Coaching Foundations*
 - *Solution-Focused Coaching*
 - *Coaching for Resilience*
 - *Coaching for Change*
 - *Coaching for Wellbeing*
 - *Coaching Ethics & Supervision* (thereby preparing applicants to provide coaching supervision in the future).

Individual attendance at online workshops is **£150** per person at the time of writing, though a discount is offered for bulk purchases.

Of course, training can also be obtained from other providers (e.g. the Centre for Coaching in London – see <https://www.centreforcoaching.com/>).

Supervision

- Aspen Psychology Services can provide online coaching supervision sessions. These can be commissioned for a fee of **£120** per one-hour session. Supervision notes are provided after the session as evidence.

Peer Practice Network

- Aspen Psychology Services hosts a **free** thrice-yearly EP Coaching & Coaching Psychology Interest Group, which enables EPs interested in coaching/coaching psychology to network, share ideas, and develop hours of practice experience (three hours' CPD per 'old' term). (NB: As per Strand 6 of the CPD requirements, time spent at this group can only constitute a maximum of 5 hours of the 40 hours' CPD required).

OTHER RECOMMENDED CPD PROVIDERS

- Centre for Coaching, London: <https://www.centreforcoaching.com/>
- Contextual Consulting (ACT Specialists): <https://contextualconsulting.co.uk/>
- See also <https://www.isfcp.info/course-recognition/iscp-recognised-centres-courses/> for a list of Approved Training Centres and Recognised Courses.

WHAT WOULD ENABLE AN APPLICATION FOR MISCP (ACCRED) STATUS?

In order to accumulate sufficient CPD and evidence to submit an application for MISCP (Accred) status, you would need:

1. Successful application for membership of the ISCP (£10 initial fee, £30 annual renewal fee).
2. Evidence of two years' CPD as per the above requirements (40 hours per year, 30 hours of which must be coaching psychology related). Attendance at **three Aspen Psychology workshops per year** would provide 30 hours of coaching psychology CPD; alternatively, if the applicant engages in other CPD activities (e.g. as set out in sections 2, 3 & 5 of the CPD table shown on p.5), this would reduce the amount of training hours required to satisfy the ISCP criteria. (However, an enhanced level of training will increase the psychologist's proficiency and confidence). The cost of three workshops per year would be:
 - Individual: **£400** (This is the reduced rate Aspen Psychology offers for booking three training courses over an academic year). This leads to a maximum cost for training of **£800** over the two years (though, as noted, applicants may not *need* to attend three workshops per year to satisfy the ISCP requirements).
3. Evidence of supervision from a qualified psychologist (e.g. a Chartered Psychologist or Accredited ISCP Supervisor) over the two year period (e.g. one session per 'old' term = £120 x 3 = **£360**; one session per new term = £120 x 6 = **£720**).
4. A reflective summary of your experiences as a supervisee (to cover the assessment period set out in the application). This will need to have regard to core themes of ethics, practice, theory and research.
5. An illustrative example from your coaching psychology practice (again, with reference to the core themes outlined above).
6. Successful application for Accredited Membership of the ISCP (£150 initial fee, £30 annual renewal fee).

ILLUSTRATIVE FEES* (INDIVIDUAL)

An illustrative fee for an individual over a two-year period is therefore as follows (grey rows = fee is payable to the ISCP, rather than Aspen Psychology):

Activity	Fee
MISCP membership application	£10 (plus £30 annual renewal fee)
Attendance at 6 Aspen Psychology workshops (£400 per year)	£800
6 x supervision sessions (3 per year)	£720
MISCP (Accred) membership application	£150
Total	£1680 (over a two year period)

** Fees for Aspen Psychology Services may need to be revised over time. Aspen Psychology Services cannot take responsibility for any fee changes made by the ISCP.*

WHAT WILL THE OUTCOME BE?

Benefits

As well as feeling enhanced confidence and proficiency in the practice of coaching psychology, successful applicants will be able to ethically describe themselves as Coaching Psychologists or ISCP Accredited Coaching Psychologists (subject to any local restrictions, depending on the country of practice), and will be able to use the post-nominal letters MISCP (Accred).

Applicants will also be able to use the following logo on their website/marketing materials etc:

The following logos are not for reproduction or usage without having obtained permission from the ISCP:



In the future, you may choose to pursue Accreditation as a supervisor:



After 5 years, you will be eligible for Associate Fellow status of the society:



APPROVED COACHING AND COACHING PSYCHOLOGY TRAINING CENTRE



Aspen Psychology Services is recognised by the International Society for Coaching Psychology as an Approved Centre for the provision of coaching and coaching psychology CPD/E.

Appendix: Summary Details for Completion of the CPD Log

Reference: *International Society for Coaching Psychology Accreditation/Certification Process Application Form (2023)*.

Name: To be inserted here.
International Society for Coaching Psychology Membership Number: To be inserted here.
Date for CPD Log (e.g. Months & Year): To be inserted here for each year

Type of CPD Activity	Description of CPD Activity	Contribution in Hours to CPD
<i>Psychology related CPD/CPE</i>	This might include broader activities that are psychology related but are not specifically coaching psychology	A maximum of 10 hours to be included
<i>Reading Coaching Psychology Books/Journals</i>	Provide specific details relating to the author and title of the book, the number of hours spent reading and reflect upon your learning.	A maximum of 15 hours to be included
<i>Publishing Articles in Peer Reviewed Journals & Books</i>	Provide specific details relating to the title of the article, journal, chapter, book &/or about the research being undertaken.	A maximum of 15 hours to be included
<i>Attendance at coaching psychology or relevant workshops, seminars and conferences.</i>	Provide specific details relating to the title of the event, the date[s] you attended, the course/workshop/conference provider and the name of the trainers/facilitators.	No maximum
<i>Developing and delivering coaching & coaching psychology related workshops; giving conference papers or keynotes.</i>	Provide specific details relating to the title of the workshop, conference paper or keynote and the date[s] and event[s] delivered.	A maximum of 15 hours to be included
<i>Related developmental activities such as peer observation, chairing meetings or participation in professional coaching psychology activities.</i>	Provide dates and outline further relevant supporting information here.	A maximum of 5 hours to be included
NB: Please add additional rows if required.		Total Hours A minimum of 40 Hours to have been undertaken for each year